

Karen Barbara Elizabeth Addy
Consultant Neuropsychologist/ Clinical Psychologist
BSc, MSc, DClinPsych, QiCN, DipCAT, PGCHE, CPsychol, AFBPsS.

CONTACT

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EXPERIENCE

Dr Addy has over 20 years direct clinical experience of working with people with complex injuries and neurological disorders. Whilst completing her undergraduate degree she worked as a support worker in an inpatient acquired brain injury service. Prior to training as a Clinical Psychologist, she worked for two years as an Assistant psychologist in Neurology Services in both private inpatient rehabilitation and NHS community neurology service. Post qualification (2005 onwards) she worked in a dementia assessment service and an acquired brain injury service in the NHS whilst completing the post qualification training in Neuropsychology (QiCN obtained in 2012). In independent practice Dr Addy has an active caseload of therapy clients working in multidisciplinary teams and on a 1 to 1 basis with clients suffering from distress and adjustment difficulties following neurological injuries.

Dr Addy is up to date with relevant academic research in her field and holds a part time academic post as the Clinical Practice Director of the Clinical Neuropsychology training programmes at Canterbury Christ Church University having previously worked a Lecturer at the University of Bangor.

In addition to her clinical and academic roles Dr Addy has worked as an expert witness since 2006 for matters involving civil courts, criminal courts and the court of protection. She has undertaken the Bond Solon expert witness certificate in both Civil and Criminal law and is a Certified Fellow with the Expert Witness Institute.

EDUCATION AND TRAINING

1997–2000 Liverpool John Moores University
Bsc Hons Psychology and Biology

2000–2002 The Open University
Msc Psychology

2002-2005 The University of Manchester
Doctorate in Clinical Psychology

2008 – 2012 The British Psychological Society
Division of Neuropsychology Qualification in Clinical Neuropsychology

2015 – 2017 ACAT North
Postgraduate Diploma in Cognitive Analytic Therapy.

2020 – 2022. Bangor University
Post Graduate Certificate in Higher Education

EXPERT WITNESS TRAINING

Cardiff University Bond Solon Expert Witness Certificate Civil Litigation Procedure and Law

Cardiff University Bond Solon Expert Witness Certificate Criminal Procedure and Law

Fellow of The Expert Witness Institute and Certified Expert

PROFESSIONAL AFFILIATIONS

Chartered Clinical Psychologist and Associate Fellow. The British Psychological Society membership number 088425

Registered Clinical Psychologist. Health and Care Professions Council Registration Number PYL01660.

Specialist Register of Clinical Neuropsychologists, Full Member Division of Neuropsychology. The British Psychological Society.

Register of Applied Psychology Supervisors. The British Psychological Society.

Registered Cognitive Analytic Therapy Practitioner. Association of Cognitive Analytic Therapy.

Associate Fellowship of the Higher Education Academy: Recognition reference PR236379.

EXPERIENCE

Canterbury Christ Church University. Clinical Director Clinical Neuropsychology Professional Training course. Part time 0.4WTE 2022 – present

North Wales Neuropsychology Services Ltd. Clinical Director, Consultant Neuropsychologist. 2015 – Present

K Addy Ltd. Medico Legal, Court Assessments, Civil Case Reports and Therapy. Clinical Psychologist / Neuropsychologist. 2007 – present.

Bangor University School of Behavioural and Human Sciences. Lecturer in Clinical Psychology, Module Organiser, MSc Clinical and Health Psychology Programme. Part time 1 day per week. 2020 – 2022

Office of the Parliamentary and Health Service Ombudsman. External Clinical Advisor in Clinical Psychology and Neuropsychology. 2013 - 2017

North Wales NHS Research Ethics Committee West. Expert Member. 2011-2017.

Betsi Cadwaladr University Health Board. North Wales Brain Injury Service. Clinical Neuropsychologist. 2011- 2015

Betsi Cadwaladr University Health Board. Memory Clinic / Older Adults Mental Health Team. Clinical Psychologist 2005-2011.

South Manchester NHS Trust/The University of Manchester. Trainee Clinical Psychologist - 2002 -2005

North West Wales NHS Trust. Pain/chronic fatigue service. Eryri Hospital, Caernarfon. Assistant Psychologist - 2002-2002

Merseycare NHS Trust. Neurorehabilitation Service Rathbone Hospital. Liverpool. Assistant Psychologist -2001-2002

The Brain Injury Rehabilitation Trust. Redford Court. Liverpool. Assistant Psychologist. 2000 -2001

PUBLICATIONS

Addy, K.B.E. (2007) Chronic Obstructive Pulmonary Disease Psychological Consequences and Treatment - A Single Case Study. Clinical Case Studies. 6 (5) 383 - 394

Addy, K.B.E., Shannon, K and Brookfield, K. (2007) Theory of Mind Function, Motor Empathy, Emotional Empathy and Schizophrenia - A Single Case Study. The Journal of Forensic Psychology and Psychiatry. 18 (3) 293 - 307

Addy K.B.E. (2007) Mental Disorders in Older Adults. Clinical Psychology Forum. September edition

Addy K.B.E (2011) Neuropsychological assessment and intervention following perimesencephalic subarachnoid haemorrhage. Clinical Case Studies. 10:3 187-197.

Addy K.B.E (2012) Dementia Anxiety a Model for Treatment. PSIGE Newsletter April Edition.

Addy K.B.E (2015) The Assessment of Mental Capacity in Regard to Choice of Residence – A Holistic Functional Approach. PSIGE Newsletter January Edition.

Addy K.B.E & Carruthers, J (2016) Fear of Appearing Impaired – The Implications of Perceived Communication Difficulties following Acquired Brain Injury. PSIGE newsletter July Edition

Addy K.B.E (2016) Managing Emotional Responses To Epilepsy. Presentation to Epilepsy Society North Wales Conference 12th November 2016.

Byrne, C., Coetzer, B., & Addy, K. (2017). Investigating the discrepancy between subjective and objective cognitive impairment following acquired brain injury. *NeuroRehabilitation*, 41(2), 501-512.

Addy K (2023). *Mild Traumatic Brain Injury Diagnostic Difficulties and Legal Controversies*. In Fish, Betteridge and Wilson (eds) Rare Conditions, Diagnostic Challenges, and Controversies in Clinical Neuropsychology Out of the Ordinary.

Addy K (2024) *Clinical Neuropsychology: The Use of a Cognitive Analytic Therapy's multiple self-states model to understand behaviour following traumatic brain injury*. The Oxford Handbook of Cognitive Analytic Therapy. in Press.